

vjk korte baan25: Session: 4: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ Relay line-up input: The listed starttimes are indicative!

Coaches: Van Dooren Glenn

Coaches: Wouters Ivan

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 29: 100M BUTTERFLY MEN 13-14 **Heat:4, starttime: 14:06**

Heat: 4/7 Lane : 2 Athlete: VAN DOOREN WARRE **Q-time: 01:11:80**

PB (25m pool): 01:17.41 Mol 29/12/2024 **PB (50m pool): 01:15.84 SB: no time**

	25 M	50 M	75 M	100 M	
PB		00:34.85		01:17.41	
	<i>00:34.85</i>		<i>00:42.56</i>		
	

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13-14 **Heat:1, starttime: 14:13**

Heat: 1/7 Lane : 3 Athlete: VERMAELEN MIYA **Q-time: 01:25:45**

PB (25m pool): 01:25.45 Nijlen 17/11/2024 **PB (50m pool): 01:27.98 SB: no time**

	25 M	50 M	75 M	100 M	
PB		00:39.77		01:25.45	
	<i>00:39.77</i>		<i>00:45.68</i>		
	

Coach feedback:

Event number: 34: 100M BREASTSTROKE WOMEN 13-14 **Heat:6, starttime: 15:33**

Heat: 6/9 Lane : 5 Athlete: BASSTANIE LIENE **Q-time: 01:24:70**

PB (25m pool): 01:24.70 Herentals 17/05/2025 **PB (50m pool): 01:27.09 SB: 01:25.24 Antwerpen 12/10/2025**

	25 M	50 M	75 M	100 M	
PB		00:39.96		01:24.70	
	<i>00:39.96</i>		<i>00:44.74</i>		
	

Coach feedback:

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Event number: 35: 100M FREESTYLE MEN 13-14				Heat:6, starttime: 15:49	
Heat: 6/7 Lane : 7 Athlete: VAN DOOREN WARRE				Q-time: 01:00:39	
PB (25m pool): 01:00.39 Antwerpen 12/10/2025			PB (50m pool): 01:02.23 SB: 01:00.39 Antwerpen 12/10/2025		
	25 M	50 M	75 M	100 M	
PB		00:28.89		01:00.39	
	00:28.89		00:31.50		
	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 13-14				Heat:1, starttime: 15:52	
Heat: 1/9 Lane : 4 Athlete: VERMAELEN MIYA				Q-time: 01:09:79	
PB (25m pool): 01:09.79 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 01:10.07 SB: no time		
	25 M	50 M	75 M	100 M	
PB		00:34.10		01:09.79	
	00:34.10		00:35.69		
	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 13-14				Heat:4, starttime: 15:57	
Heat: 4/9 Lane : 8 Athlete: BASSTANIE LIENE				Q-time: 01:07:33	
PB (25m pool): 01:07.33 Aarschot 04/05/2025			PB (50m pool): 01:09.52 SB: no time		
	25 M	50 M	75 M	100 M	
PB		00:32.75		01:07.33	
	00:32.75		00:34.58		
	

Coach feedback: